

# COUNTRY HEALTH SA UPPER SOUTH EAST CLUSTER LOWER SOUTH EAST CLUSTER

## NURSING CAREERS IN THE SOUTH EAST REGION

Welcome to the South East Region, we boast a population of around 62,000 and cover an area of 21,000 square kilometres. The South East region lies midway between the capital cities of Adelaide and Melbourne and offers lifestyle and employment opportunities second to none.

The South East Region provides clinical placement for Undergraduate nursing students, Re-entry, Refresher Enrolled and Registered Nurses and midwives.

The South East Region encourages and supports staff development and education in rural nursing through the South East Nursing Development Program.

Mount Gambier & District Health Services co-ordinates a very successful Transition to Professional Practice Program for both Graduate Nurses and Graduate Midwives.

### Upper South East Cluster

#### **Naracoorte Health Service**

**39 acute beds & 41 aged care facility**

[Pam.Schubert@health.sa.gov.au](mailto:Pam.Schubert@health.sa.gov.au)

#### **Bordertown Hospital**

**Acute & Aged care facility**

[Jennie.Jacobs@health.sa.gov.au](mailto:Jennie.Jacobs@health.sa.gov.au)

#### **Kingston Hospital**

**Acute & Aged care facility**

[Lyn.Howe@health.sa.gov.au](mailto:Lyn.Howe@health.sa.gov.au)

### Lower South East Cluster

#### **Mount Gambier & District Health Service**

**78 acute beds, 4 theatres,**

[Paul.Bullen@health.sa.gov.au](mailto:Paul.Bullen@health.sa.gov.au)

**South-East Regional Community Health Services.**

[Sue.Thomson@health.sa.gov.au](mailto:Sue.Thomson@health.sa.gov.au)

#### **Mount Gambier Private Hospital**

**20 acute beds**

[Paul.Bullen@health.sa.gov.au](mailto:Paul.Bullen@health.sa.gov.au)

**Millicent & District Hospital and Health Service.**

**34 acute beds & 60 bed nursing home.**

[Ros.Brown@health.sa.gov.au](mailto:Ros.Brown@health.sa.gov.au)

#### **Penola Soldiers Memorial Hospital.**

**Acute & aged care facility**

[Julie.Puddy@health.sa.gov.au](mailto:Julie.Puddy@health.sa.gov.au)

### **For more information**

#### **Contact:**

Heather-Jean Ashby  
TTPP Program Coordinator  
Mt Gambier & District Health Service  
Ph: 87211521

[Heather.Ashby@health.sa.gov.au](mailto:Heather.Ashby@health.sa.gov.au)

Fiona Jeffs  
TTPP Midwifery Coordinator  
Mt Gambier & District Health Service  
Ph: 87211329

[Fiona.Jeffs@health.sa.gov.au](mailto:Fiona.Jeffs@health.sa.gov.au)



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of South Australia

SA Health

## 2010 Transition to Professional Practice Program

*If you are looking for a friendly and relaxed country lifestyle and a supportive workplace for your graduate year this is the program for you!*

### THE REGION

The picturesque Limestone Coast famous for the quality of our world-renowned fine wines, and natural attractions such as the unique Blue Lake, Naracoorte Caves, and Coorong National Park. Close to the attractions of the Southern Grampians and the Shipwreck Coast in Western Victoria.

Excellent sporting and recreational facilities are available. Entertainment venues and fine food restaurants are comparable to those available in larger cities.

### GOAL OF THE PROGRAM

To provide a supportive environment in which the Graduate Registered Nurse (RGN) can extend and expand their theoretical experiences and marry these with practical learning to allow extension of practical and clinical skills in the holistic care of a group of patients in the acute care environment.

### PROGRAM STRUCTURE

**The Transition to Professional Practice Program uses adult learning principles, enables reflection on practice, is competency based and consists of the following:**

**Hospital Orientation** A structured Orientation Program is undertaken over three days, allowing the Graduate RGN to become familiar with the Mount Gambier Health Service, the Nursing Division and the Transition to Professional practice Program.

**Regional Participants** are provided with orientation at their hospital / health service.

**Unit Orientation (Mount Gambier) for each clinical placement** – supernumerary days at the commencement of each clinical placement. The Graduate RGN is provided with unit orientation modules specific to each area when undertaking each clinical placement. Supernumerary unit orientation may vary at other regional sites.

**Study Days – Four** paid days are provided and these address content that is relevant to the clinical needs of the Graduate RGN and their professional development. The opportunity to debrief occurs at the commencement of each study day and at ward level as required.

**A Professional Portfolio** – is provided and consists of reflective learning tools, reviews, and clinical placement evaluations assisting the Graduate RGN to demonstrate their professional development.

**Mount Gambier Clinical Placements** – Each nursing area offers valuable learning experiences. Available placements include: medical, surgical, operating theatres, emergency department, consulting clinics and community health. A range of these clinical placements are provided for each Graduate RGN and there will also be at least one regional placement. Each Graduate will have a 12 week rotation at either the Millicent or Penola hospitals.

**Regional Graduates Clinical Placements:** - vary in range and may include the following: general acute, accident and emergency, theatre, paediatrics, aged care, some include exposure to obstetric services. Placements at Mount Gambier are included for Kingston and Bordertown graduates. Naracoorte also offers a dedicated aged care Graduate position. Aged care Graduate positions are also available at other regional centres (except Mount Gambier) on application.

**Employment** is offered as a 0.8FTE position over 7 days (part time may be negotiated) and is a contract position for the length of the program. Re-employment and retention rates have remained consistently high at all participating Health Services. Re-employment is dependent upon availability of positions, performance throughout the Program including record of attendance and the completion of program requirements.

**Duration of the Program:** 52 weeks inclusive of Annual Leave.

### For more information

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