

# COUNTRY HEALTH SA ADELAIDE HILLS, SOUTHERN FLEURIEU AND KANGAROO ISLAND CLUSTER AND MALLEE, COORONG CLUSTER TRANSITION TO PROFESSIONAL PRACTICE PROGRAM 2011

## Adelaide Hills, Southern Fleurieu and Kangaroo Island Cluster

### **Strathalbyn**

Historic Strathalbyn's first hospital was established in 1905 as a small cottage hospital, to meet the needs of a growing rural town and district community. From these humble beginnings nearly 100 years ago, a modern health service comprising over 90 beds has evolved. The Health Service incorporates a public hospital, residential aged care and a day centre, to meet the increased needs of a growing community. Medical services provided by the 28 bed hospital include acute medical, surgical, fast-stream rehabilitation, gerontic and palliative care. In addition, a 24 hour accident and emergency service is available with medical support provided by general practitioners from Strathalbyn Clinic and assisted by ambulance support from the SA Ambulance Service (Strathalbyn Branch). The operating theatre is in use up to 4 times per fortnight.

Contact: Edmondo Palombo CSC Ph: 08 85365333

### **Mount Barker & District Health Services**

Mount Barker is situated in the Adelaide Hills and is a 30 Minute drive from the Adelaide CBD. The town's population is over 8,000 and is one of the fastest growing areas in South Australia. The hospital has 34 beds of which 6 are Maternity, 9 Surgical and 18 Medical.

Services include a 24 hour accident and emergency department, after hours GP Care Clinic situated at the hospital. A busy surgical suite which encompasses 2 Operating Theatres which operate nearly every day and corresponding with a busy Day Surgery area. The maternity unit provides a comprehensive obstetric service which includes child birth and parenting classes, booking clinic, antenatal clinics, breast feeding clinic and post birth physio support for approximately 400 babies per year. It also includes a community midwifery service for post natal support, and country home link services for post natal women who birth elsewhere. The obstetric unit is proudly supported by lactation consultants on the staff and is a Baby Friendly Accredited hospital.

Contact: Cate Goodall CSC Ph: 83931740

### **Gumeracha and District Soldiers Memorial Hospital**

Gumeracha is a township set in the beautiful Torrens Valley region of the northern Adelaide Hills, 36 km north- east of Adelaide City in South Australia.

Set in the rolling hills, the town is surrounded by vineyards, olive groves, orchards and farmland. The population of 700 is a mixture of long-standing residents connected to farming, horticulture or viticulture, and commuters working in the metropolitan area.

People of the town are proud of the town's heritage, community spirit and friendly welcoming atmosphere. The Gumeracha District Soldiers' Memorial Hospital is a thirty (30) bed public hospital serving Gumeracha and its surrounding areas. The Hospital provides services predominantly in acute medical, aged care, and primary health care.

The Hospital also provides a twenty-four (24) hour accident and emergency department for the Community. There is access to private Radiology Monday to Friday.

Contact: Marie Wittwer CSC Ph: 08 82099200

### **Mount Pleasant District Hospital**

Mount Pleasant with a population of approximately 900 people, is ideally located less than an hour from Adelaide, 20 mins from the River Murray, and right at the junction of the Barossa Valley and the Adelaide Hills.

The Mount Pleasant District Hospital provides medical, aged care, surgical - including an Operating Theatre, and Accident & Emergency services. We have 34 beds plus a close observation ("HDU") area and a recently refurbished Palliative Care Suite.  
Contact: Jean Vredenburg – Clinical Services Coordinator Ph: 8568 0000

### **South Coast & District Health Service Inc.**

The township of Victor Harbor has long been a favoured holiday destination. The Fleurieu Peninsula offers many attractions apart from the beaches, rivers, and golf clubs. There are wineries, food trails, adventure playgrounds and several opportunities for a variety of activities and experiences. There are several major events held in the area annually.

Situated 80km south of Adelaide with a southern ocean frontage, the township offers an enjoyable experience for everyone. Population is approximately Victor Harbor – Goolwa area approx 20,000 which increases at least 3 fold over summer, public holiday weekends and school holidays.

SCDH: has 26 beds and 2 chairs, all general medical services are provided for in the health service. The 2 chairs: Blood Transfusions, some chemotherapy, iron infusions and intragam infusions. Soon to start haemodialysis-4 chairs and Surgery 7-8 lists per week, Orthopaedics, urology, general surgery, ENT, Ophthalmology, Gastroenterology procedures. 24 hour A&E department – approx 60 plus retrievals per year. Mid – approx 130 births per year using Midwives group practice Victor Harbor Private Hospital (co located) has 18 beds. Contact :Margaret Hirche Ph: 08 85520519

A community health service is also located on site which delivers programs to people in the community and through groups and one to one contact.

### **Kangaroo Island Health Service**

Located in Kingscote with a population of 1,500 but is the only health service on the island. Total catchment area is 4,500 residents and approximately 160,000 visitors per annum. The hospital is 45 beds which are : 15 Acute, 20 high level aged care and 10 low level aged care. 1 operating theatre which is used approximately once per week. There is the island midwifery team. In 2008 there was 68 births. There is a large comprehensive community health service which operates across the whole island.

Contact: Donna Cowan EO/DON Ph: 08 8553 4222

### **Mallee Coorong Cluster**

#### **Mallee Health Service**

Mallee Health Service began operation following the amalgamation of Karoonda & District Soldiers' Memorial Hospital, Karoonda Homes for the Aged, Lameroo District Health Service, Lameroo Homes for the Aged and Pinnaroo Soldiers' Memorial Hospital. Services offered by the organisation include: Medical Services through Mallee Medical Practice, Acute Care, Aged Care (both high and low care), Emergency Services, Palliative Care, Mental Health & Social Work Services, Youth Programs, Cancer Support, Specialist Nursing positions (wound care, continence, gender health, diabetes, immunization and cardiac care) & Primary Care programs such as physiotherapy, podiatry, occupational therapy and dietetics. Centrelink Services are accessible for each campus.

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| Contact: Karoonda Hospital: Peter LeGallou EO/DON&M | Ph: 08 8579 1111 |
| Lameroo Health Service: Kathryn Leslie EO/DON&M     | Ph: 08 8576 4600 |
| Pinnaroo Hospital: Di Thornton EO/DON&M             | Ph: 08 8577 9222 |
| Mallee Community Health: Claire Crane               | Ph: 08 8576 4677 |

### **Murray Bridge Health Service**

Murray Bridge is located 75 km south-east of, Adelaide on the River Murray with an approximate population of 18,000 residents. The Murray Bridge Soldiers Memorial Hospital was initially established in 1923 and is now a 46 bed acute hospital supporting the Mallee Coorong area. Services provided include medical, surgical, maternity, accident/emergency, an operating theatre complex including day surgery services and a separate dialysis unit. Supporting services on site comprise a laboratory, medical imaging with ultra sound and CT scanner and a large Community Health service. .

Contact: Karen Hollitt DON Ph: 08 85356777

### **Mannum Hospital**

Mannum District Hospital over looks the River Murray, and supports a population of approximately 3,000 along with a large transient population, especially during the summer months. The Hospital has 24 beds, of which 15 are allocated to Residential Aged Care services. There is a 24 x 7 Accident and Emergency facility, and 9 beds for acute/chronic illness. In addition the Hospital supports a Domiciliary Care service which serves a wide area within the Mid

Murray Council. There is also a Day Centre within the Hospital which supports Community groups, Aged persons and those with disabilities. Mannum Medical Centre is collocated with the Hospital and there is a range of Primary Health Care services provided through the Hospital and Medical Centre.

Contact: Ruth Mason, CSC Ph: 08 85 690 212.

### **Coorong Health Service, Multi Purpose Service**

#### **Meningie & Districts Memorial Hospital & Health Services Campus:**

Meningie is situated 150 kms from Adelaide on the shore of Lake Albert and at the beginning of The Coorong. The catchment area spans several towns from Salt Creek in the South East, along the Dukes Highway (Coonalpyn & Tintinara) and out to Narung and Raukkan. The Health Service has recently become a Multi Purpose Service in partnership with Tailem Bend Health Service. The Meningie Campus is a twenty- four (24) bed service which provides acute, aged and 24/7 emergency department access to the town and surrounding districts. The service also has a Community Health arm which supports clinical and social services at Coonalpyn, Tintinara, Meningie and Raukkan.

There is significant opportunity to enhance not only acute, aged care and A&E skills but to also work in the area of Primary Health Care across a culturally diverse population. There is also the added bonus of being able to work between two (2) Health Services i.e. Tailem Bend (which is ½ hour drive away) & Meningie. There is a co located Medical Practice which is privately managed and works in partnership with the health service to provide many services to the community.

The future looks bright for the Coorong Health Service as we plan to enhance & expand a number of our Primary Health Services in partnership with the Tailem Bend Campus.

Contact: Jo Orr CSC Ph: 08 85752777

#### **Tailem Bend District Hospital**

The Tailem Bend township and hospital are situated 100km from Adelaide on the South Eastern Freeway. The hospital is situated on the banks overlooking the meandering River Murray

The Tailem Bend Campus is a twenty five (25) bed facility serving the Tailem Bend township and its surrounding areas. The hospital provides acute care, residential aged care and a 24 hour accident and emergency department. The facility also has a Community Health service with a Primary health and Community Leisure and Activities interest to support people in the town and surrounding area with clinical visits and social opportunities. Tailem Bend is a growing town and together with Meningie Hospital Campus look forward to offering opportunities and expanding services to support our staff and the communities

Contact: Suzanne Nagel AEO/DON Ph: 08 85725800

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### **For more information**

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